

# Cirrhosis

Cirrhosis is a health problem in which your liver is scarred and permanently hurt. Scar tissue takes over healthy liver tissue. This puts off your liver from working as usual. Scar tissue also partly blocks the flow of blood through your liver. As it gets worse, your liver starts to fail.

## Symptoms

You may have no signs of it until your liver is badly hurt.

Early symptoms include:

- feeling tired or weak
- poor hunger
- losing weight without trying
- upset belly and vomiting
- mild pain or pain in the upper right side of your belly

As liver functions worsen, you may have other symptoms, such as:

- bruising and bleeding easily
- confusion, problems thinking, memory loss, personality changes, or sleep issues
- swelling in your lower legs, ankles, or feet, called edema
- bloating from buildup of fluid in your belly, called ascites
- severe itchy skin
- darkening of the color of your urine
- yellowish tint to the whites of your eyes and skin, called jaundice

## Treatment

Doctors do not have specific aid that can cure cirrhosis. But they can treat many of the health problems that cause it. Some of the health problems that cause it can be cured. Treating the underlying causes of cirrhosis may keep your it from getting worse and help put off liver failure. Successful aid may slowly help with some of your liver scarring.

